



Employer FAQ:

Lifestyle Spending Account

What is a lifestyle spending account?

Not every employee has the same lifestyle needs. The American Benefits Group Lifestyle Spending Account gives you the flexibility to allow employees to spend benefit dollars on the things that matter most to them. From physical and mental health needs, to professional and educational development, to travel and entertainment, you have complete freedom to determine how your employees are able to spend their lifestyle spending account dollars.

How does a lifestyle spending account work?

Lifestyle spending accounts are a way for you to offer yearly, monthly or payroll-funded post-tax dollars to your employees. You simply elect to add the account to your benefit offering, designate the amount you would like to contribute per employee, and determine any limits you would like to set for specific service types (i.e., a \$500 limit for annual gym membership fees). Your employees can then access the funds in the form of a convenient debit card, or get reimbursed for purchases through check, direct deposit or payroll.

What are the benefits of offering a lifestyle spending account to your employees?

You are most likely considering a lifestyle spending account because you are looking for additional benefit options for a changing and varied workforce. Offering a lifestyle spending account is a terrific way for you to reinforce and promote your company culture, meet the market demand and round out your benefits package with an account that delivers flexible spending opportunities for the things that matter most to employees.

Are lifestyle spending accounts tax-advantaged accounts?

Lifestyle spending accounts are post-tax accounts. This means they are funded exclusively by you, after taxes have been taken out. Because they are post-tax accounts, the IRS does not mandate eligible

expenses; rather, you have the power to determine what types of expenses you would like to cover and how employees can spend their funds.

Do these accounts represent taxable income for employees?

Unlike other types of health benefit accounts, lifestyle spending accounts do not currently have any tax advantages. They are funded by you, on a post-tax basis, and used funds are considered taxable income for your employees.

Are there eligibility requirements for a lifestyle spending account?

No. All your employees are eligible to participate in a lifestyle spending account, regardless of their full- or part-time status.

Do employees have to be enrolled in a health insurance plan in order to participate?

No. Health insurance coverage is not required to participate in a lifestyle spending account. Regardless of their health insurance status, employees can access lifestyle spending account funds.

What types of purchases can be made with a lifestyle spending account?

You maintain full control over your lifestyle spending accounts. It is up to you to decide how your employees can spend their account funds – health and fitness services, child care, life coaching, entertainment – the options are endless and the choice is yours!

Is this a carded account?

Yes. However, it is a standalone account, which means a separate debit card is required. If an employee has elected to participate in other American Benefits Group health benefit accounts, they will be issued a debit card for their health benefit accounts and a debit card for their lifestyle spending account.

Where is the debit card accepted?

The lifestyle spending account debit card can be used anywhere Mastercard is accepted, as long as the merchant category codes align with the spending

parameters you establish for your program.

Can employees submit a claim for manual reimbursement?

While a debit card is the most convenient way to access lifestyle spending account funds, employees may use personal funds for qualified expenses and submit claims for manual reimbursement.

If an employee also has a American Benefits Group health benefit account, will their lifestyle spending account be listed when they log into the member portal and mobile app?

No. Since the lifestyle spending account is a standalone program, employees will need to create a separate account on the American Benefits Group member portal and mobile app for their lifestyle spending account.

Why not just provide employees with a basic gift card or cash via payroll?

Offering funds via a lifestyle spending account gives you added flexibility and protections compared to cash or gift cards.

1. Funding flexibility. You can fund participant accounts to predefined amounts per employee, and set limits for specific types of services. Should employees' needs change, you can easily add more dollars to the accounts.

2. Easy to manage. Lifestyle spending accounts decrease administrative burden placed on your HR team to manually administer perk programs and you can rest easy knowing your program will always be IRS compliant.

3. Preservation of unused funds. Unlike cash or gift cards, you only pay for what employees use. Any account funds not spent will be returned to you at the end of the plan year.

Are there any funding limits or minimums?

There are no funding limits or minimums associated

with the American Benefits Group lifestyle spending account.

Do I have to offer the same amount to all my employees?

No. You have the ability to use a tiered approach when it comes to your lifestyle spending account and offer different amounts to different types of employees. For example, you could offer a higher dollar amount to full-time employees as compared to part-time employees.

What information should I communicate to my employees?

Employee benefits communication is vital – to your organization and your employees. You'll want to ensure your employees not only know about your lifestyle spending account but also understand how to use it. Consider communicating the following information prior to launching the program:

- Purpose of the program
- Amount each employee will receive
- Spending parameters (include examples of merchants where funds can be used)
- How employees can access their funds
- How employees can access information about their lifestyle spending account
- Who employees should contact with questions



**For more information,
call 800-499-3539**