



AMERICAN BENEFITS GROUP

Examples of Expenses Eligible for Reimbursement Through Your Health Flexible Spending Account

Medical

- Acupuncture
- Alcoholism Treatment
- Ambulance
- Artificial Limbs
- Birth Control Pills
- Braille - Books and Magazines
- Car Controls for the Handicapped
- Chiropractors
- Co-Payments and Deductibles
- Contact Lenses
- Crutches, Canes, Braces and Walkers
- Dental Fees
- Dentures
- Dermatologists
- Diagnostic Fees
- Donor Testing and Fees
- Eye Exams & Eye Glasses
- Fees for Practical Nurse
- Hearing Devices and Batteries
- Home Improvements Necessitated by Medical Conditions (i.e., Wheelchair Ramp)
- Hospital Fees
- Laboratory Fees
- Nurse's Fees
- Obstetrical Expenses
- Orthotics
- Orthodontics
- Oxygen
- Physician's Fees
- Prescription Medicines
- Psychiatric Care
- Psychologist's Fees
- Physical Therapy
- Service Animal and its Upkeep
- Special Education for the Handicapped
- Special Plumbing for the Handicapped
- Sterilization Fees
- TTY Telephone for the Deaf
- Television Equipment (Closed Caption) for the Deaf
- Therapeutic Care for Drug and Alcohol Addiction
- Transportation Expenses for Medical Treatment
- Wigs (When deemed medically necessary)
- X-rays

Feminine care products are now eligible!

Over-the-Counter Items

- Band Aids
- Birth Control
- Braces & Supports
- Catheters
- Cholesterol Test Kits
- Colorectal Cancer Screening Tests
- Contact Lens Solutions
- Denture Adhesives
- Diagnostic Tests and Monitors
- Elastic Bandages & Wraps
- Home Drug Tests
- Incontinence Supplies
- Insulin & Diabetic Supplies
- Ostomy Products
- Reading Glasses
- Wheelchairs, Walkers & Canes

As of 1/1/2020.

Congress officially passed the CARES Act , which means revolutionary changes for those with a 213d HRA. (Over-the-counter (OTC) medications are now eligible. OTC medications like Tylenol®, Zyrtec®, and more will now be available for purchase with a without a prescription.

- Acid Controllers
- Antibiotics
- Anti-Gas Products
- Anti-Parasitic Treatments
- Cold Sore Remedies
- Digestive Aids
- Hemorrhoidal Preps
- Motion Sickness
- Respiratory Treatments
- Stomach Remedies
- Allergy & Sinus medicine
- Anti-Diarrheals
- Anti-Itch & Insect Bite
- Baby Rash Ointments/Creams
- Cough, Cold & Flu
- Feminine Anti-Fungal/Anti-Itch
- Laxatives
- Pain Relievers
- Sleep Aids & Sedatives